

## LEAD4CHANGE STUDENT LEADERSHIP PROGRAM EVALUATION

2018-2019

### EXECUTIVE SUMMARY

High Impact Partnering conducted an independent evaluation of the Lead4Change Student Leadership Program (formerly Lead2Feed) in the 2018-2019 school year. The evaluation entailed pre- and post-program contrasts of changes in self-assessments of the key outcome areas of leadership for middle- and high-school students who participate in the Lead4Change program, and participant and comparison group contrasts of changes in self-assessments in key outcome areas of leadership over the program period. The measures were pre- and post- program surveys (at start and end of the program) self-administered by the participants and comparison group students. Included in the surveys were nationally recognized measures of self-efficacy, life effectiveness, and other leadership skills. The evaluation did not investigate implementation of the program.

The evaluation findings focus on 10 key factors made from the 78 individual item scores in the nationally recognized instruments (Overall Leadership, Self-Efficacy, Perspective-Taking, Self-Confidence, Adaptability, Self-Management, Motivation, Commitment to Vision, Respect for Others, Ambition & Innovation).

The Lead4Change Program participants **SIGNIFICANTLY INCREASED** their self -assessments of skills in key outcome areas of **LEADERSHIP** such as **SELF-EFFICACY, PERSPECTIVE-TAKING, SELF-CONFIDENCE, MANAGEMENT, and TEAMWORK** from the beginning to the end of the program.

**Forty percent (40%) or more** of the 455 participants surveyed from eight national middle and high school sites across the United States showed increases from the start to the end of the program period on all 10 factors.

Overall Leadership	60%	Self-Management	50%
Self-Efficacy	55%	Motivation	40%
Perspective-Taking	55%	Commitment to Vision	56%
Self-Confidence	49%	Respect for Others	54%
Adaptability	46%	Ambition & Innovation	53%

The program participants evidenced **statistically significant increases** over the program period on six of the 10 factors:

Overall Leadership	Self-Management
Self-Efficacy	Commitment to Vision
Perspective-Taking	Ambition & Innovation

They did not have statistically significant increases on the other four factors: Self-Confidence, Adaptability, Motivation, and Respect for Others.

**THE LEAD4CHANGE PROGRAM PARTICIPANTS INCREASED THEIR SELF-APPRAISALS IN KEY OUTCOME AREAS OF LEADERSHIP SIGNIFICANTLY MORE THAN COMPARISON STUDENTS FROM THE SAME SCHOOLS WHO DID NOT PARTICIPATE IN THE PROGRAM.**

The 208 participants and 78 comparison group students surveyed from one middle and one high school site evidenced significant differences between their change scores from the start to the end of the program period on the **Respect for Others** and the **Commitment to Vision** factors. The participants' increases on these factors exceeded those of the comparison group students.

These findings provide initial evidence that **the Lead4Change program is achieving desired outcomes for students of all ages in different school settings**. Participants are increasing their self-assessments of many leadership and social emotional skills over the course of the Program. Participants are increasing their self-assessments of their Respect for Others and Commitment to Vision significantly more than comparison group students who are not engaged in the Program.

For more information about Lead4Change and the evaluation, contact [lead4change.org/contact-us](http://lead4change.org/contact-us).