

# SOCIAL EMOTIONAL LEARNING ALIGNMENT

12-LESSON TRACK

Now Go Lead Lessons offer a personalized learning experience while strengthening social-emotional learning, literacy and 21st century skills. Refer to the chart and descriptions that follow for lesson alignment to the Mindsets & Behavior Standards. Now Go Lead Lessons are perfect for:

> Advisory time > Small group meetings > Personalized learning > Inclusion

	CATEGORY 1: MINDSET STANDARDS	CATEGORY 2: BEHAVIOR STANDARDS		
10-TRACK LESSONS	Mindset (M)	Learning Strategies (B–LS)	Self-Management Skills (B–SMS)	Social Skills (B-SS)
1: Be Your Best Self	2			1, 9
2: Unleash the Power of People	3			1, 2, 4, 6, 7, 9
3: Be an Avid Learner		1, 5, 9		5, 9
4: Insight-Driven Approach		3, 9	5	1, 3, 4, 5, 9
5: Tell It Like It Is	3, 6	1, 2	5	1, 2, 6, 7
6: Create a Vision, Structure & Culture	3	3	1, 5	1, 2, 4
7: You Have to Believe it Can Be Done		4	1, 10	2, 3, 4, 6, 7, 8, 9
8: Personalize Your Vision		10	8	1, 2, 8, 9
9: Market and Be the Change	2	2, 4, 5		2, 5, 6, 8, 9
10: Measure Project Outcomes & Overcome Barriers to Success		9		2, 3, 9
11: The Change is Never Over	6	5	5	2, 9
12: Share Your Story	2, 6	1, 2, 5, 10	5	1, 3, 6, 8

#### **ASCA MINDSETS & BEHAVIORS FOR STUDENT SUCCESS**

## **CATEGORY 1: MINDSET STANDARDS**

- 2 Self-confidence in ability to succeed
- 3 Sense of belonging in the school environment
- 6 Positive attitude toward work and learning

## CATEGORY 2: BEHAVIOR STANDARDS Learning Strategies (B-LS)

- Demonstrate critical-thinking skills to make informed decisions
- 2 Demonstrate creativity
- 3 Use time-management organizational and study skills
- 4 Apply self-motivation and self-direction to learning
- 5 Apply media and technology skills
- **9** Gather evidence and consider multiple perspectives to make informed decisions
- 10 Participate in enrichment and extracurricular activities analysis, reflection, and research.

- Self-Management Skills (B-SMS)
- 1 Demonstrate ability to assume responsibility
- 5 Demonstrate perseverance to achieve long- and short-term goals
- 8 Demonstrate the ability to balance school, home and community activities
- 10 Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

#### Social Skills (B-SS)

- 1 Use effective oral and written communication skills and listening skills
- 2 Create positive and supportive relationships with other students
- 3 Create relationships with adults that support success
- 4 Demonstrate empathy
- 5 Demonstrate ethical decision-making and social responsibility
- 6 Use effective collaboration and cooperation skills
- 7 Use leadership and teamwork skills to work effectively in diverse teams
- 8 Demonstrate advocacy skills and ability to assert self, when necessary
- 9 Demonstrate social maturity and behaviors appropriate to the situation and environment

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"ASCA Mindsets & Behaviors for Student Success: K-12 College- and Career-Readiness Standards for Every Student" Copyright 2018 ASCA

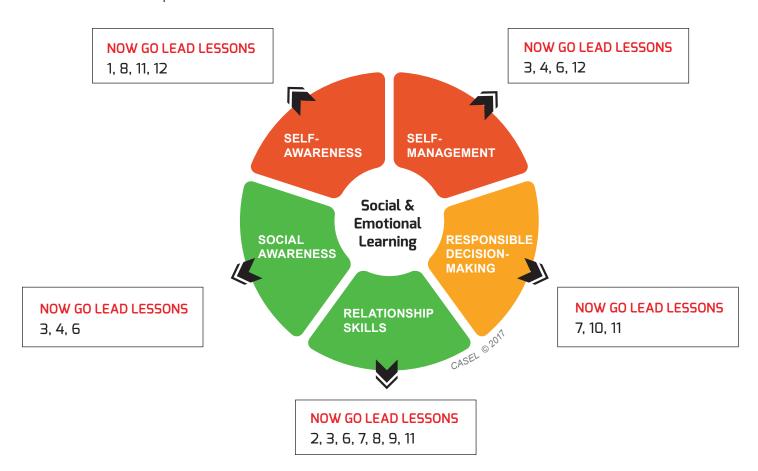






Lead2Feed is a widely used and innovative student-led program that educates students about leadership and community service through classroom lessons. Leadership skills are developed as students practice by leading a project to benefit their school or community.

Refer to this chart to determine the CASEL Competencies addressed within the Now Go Lead Lessons; descriptions listed below.



## **SELF-AWARENESS**

Students assess their strengths and limitations by identifying and reflecting on events that have helped shape who they are.

> Lifeline > 3 big guestions > Self and team role reflection

## **SELF-MANAGEMENT**

Students learn goal setting and organizational skills by developing and executing an action plan with their team that meets a school or community need.

> Research > Action plan

> Setting goals > implementing service project

## **RESPONSIBLE DECISION-MAKING**

Students consider the well-being of others. Researching and analyzing school or community needs and working as a team to develop a solution requires problem solving and communication skills. Teams track their progress and adapt their actions to make necessary changes within their service project.

- > People map > Self and team reflections
- > Tracking team progress

## **RELATIONSHIP SKILLS**

Students work within a team framework to satisfy a school or community need. Students need to appreciate the strengths of others, communicate clearly, listen well, and cooperate in order for their team to be successful.

- > Elevator speech > Persuasive writing
- > Generating ads > Developing a partnership with a non-profit

#### **SOCIAL-AWARENESS**

Students become socially aware and learn to empathize through research of a specific school or community need. Students recognize and appreciate the diversity of their school and local community.

- > Research community need
- > Understanding non-profit organizations

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