

**ACTIVITY 1: BUILD TRUST**

**DIRECTIONS**

Read the following about building trust. Discuss the questions together as a class.

- T TAKE INTO ACCOUNT** that the vast majority of people want to contribute. Seek out those people. Know that people want to contribute!
  - R REALIZE** that the most successful teams make sure every member feels valued. When everyone has a chance to contribute and share their talent and abilities, the team is successful. Demonstrate that everyone counts!
  - U UNDERSTAND** that the best way to show people you trust their abilities and intentions is to share what you know with them. The more they know, the more they care. Share what you know!
  - S SEEK** to find out more about who people are and what they think. Ask questions such as, “What would you do if you were me?” Ask questions to promote insight!
  - T TAKE ACTION** and show team members that you are thinking about who they are and what they want to contribute. This is a great way to show your team members that you are really listening to them and considering their contributions and ideas. Take responsive action!
- Q** What are three things you can specifically do to build trust with your team?
- Q** Why is it important to build trust with your team before starting your Lead4Change project?

**ACTIVITY 2: SKILLS OF A TEAM**

**DIRECTIONS**

Working in a team can be challenging and requires special skills. Teamwork allows a group of people to work together to achieve a goal and builds on the strengths of each member. In the upcoming activities, you will discover the characteristics that are needed to be successful as team. As you work together, focus on the skills that allow you to work together well. **Complete the activities below with your team and answer the questions together as a class.**

**PASSING THE PITCHER**

- 1. Sit in a circle with your team and without using your hands, pass the pitcher all the way around the circle.**
  - ▶ What skills did you need to complete the activity?
  - ▶ How did you work together to pass the pitcher?
- 2. Now sit in a circle and try the activity again. This time, fill the pitcher with a substance selected by your teacher and pass it all the way around the circle without using your hands.**
  - ▶ What new skills did you use this time to complete the activity?
  - ▶ How did your team work differently to pass the filled pitcher?
- 3. Work with your team to make a list of important skills for working with a team.** Keep these skills in mind as you work together on your Lead4Change project.

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**INTRODUCTION**

It can be tempting to do everything yourself, but to achieve big goals as a leader it is important to bring others along with you. Nobody achieves success alone! You may be surprised at what you can accomplish when you put your faith in other people. They will do things they didn't know they could do, they will become more invested in their work and they will rise to the occasion. Here are some proven ways to establish trust with members of your team.

Watch this video.



UNLEASH THE POWER OF PEOPLE

**ACTIVITY 3: GET TO KNOW YOUR TEAM**

**DIRECTIONS**

- ▶ Sit in a circle with your team. Take turns sharing information about yourself with your team. You will need your 'Lifeline' and your 'Grow Yourself' index card from Lesson One.

**Respond to the following questions.**

**Q** What is one key experience you included on your 'Lifeline?' What makes that experience important to you?

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**Q** Refer to the 'Grow Yourself' activity from Lesson One: Who are you today? What are some skills (listening, organizing, planning ahead, communicating, etc) you possess that you can bring to the team?

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**Q** What is one thing you think your team should know about you that most people do not know?

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**Q** What is one thing you want to learn or improve as you complete your Lead4Change project with your team?

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**Q** What are the strengths of your team members that will assist your team in accomplishing big things?

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- ▶ When you have your team members, share contact information (phone numbers and email addresses) and the Lead4Change lessons.

**SO WHAT?**

Teamwork is going to be so important throughout life, and as you work together to complete your Lead4Change project. Remember to always bring your strengths to every activity you complete together and work to build up your teammates.

**NOW WHAT?**

**Turn in to your teacher:**

- ▶ Visual Representation of team strengths  
Use the list of team skills you created in activity 2 and make a visual representation of these skills. This can be a drawing, photograph ... anything that shows how your ideal team will work together.



**TIP!**

If you are working virtually, check in with your team members to share your answers to the first four questions (Q's). After your discussion with your team members, complete the fifth Q.

**NOW GO  
LEARN!**