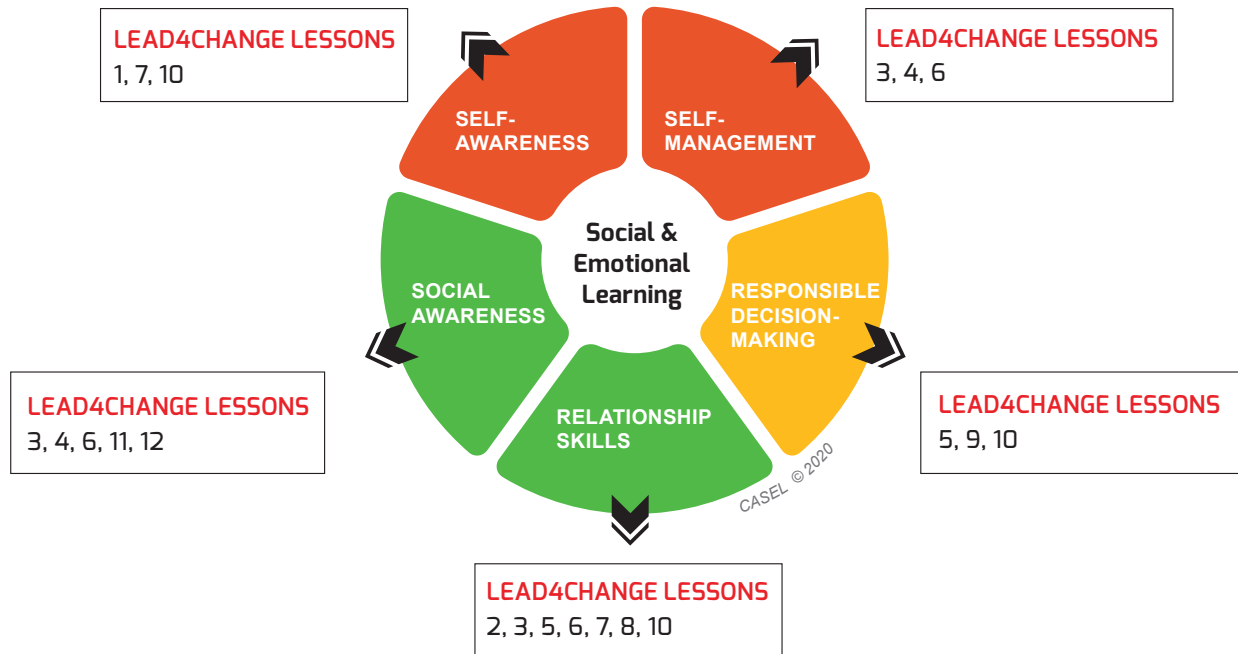


Casel.org states students need to develop authentic school-family-community relationships and practice the five SEL competencies through a rigorous and meaningful curriculum. Research has shown that the Lead4Change Lessons address these competencies empowering students to be a contributing factor to safe and healthy communities.

This chart and the descriptions below show the connections between CASEL's competencies and the L4C Lessons.



### SELF-AWARENESS

Students assess their strengths and limitations by identifying and reflecting on events that have helped shape who they are. Students link feelings, values, and thoughts to develop interests and sense of purpose.

> Lifeline > 3 big questions > Self and team role reflection

### SELF-MANAGEMENT

Students practice goal setting and organizational skills by developing and executing an action plan with their team that meets a school or community need. Students also manage their thoughts, emotions, and behaviors.

> Research > Establish plans > Set goals

### RESPONSIBLE DECISION-MAKING

Students consider the well-being of others and how their role and actions can make an impact in the community. Students work as a team to analyze information, identify solutions to social problems, and adapt actions based on results.

> People map > Self and team reflections > Track team progress

### RELATIONSHIP SKILLS

Students work within a team framework to satisfy a school or community need. Through this team, students need to communicate clearly, work collaboratively, navigate unfamiliar settings, and seek or offer help when needed.

> Elevator speech > Persuasive writing > Promote project

### SOCIAL-AWARENESS

Students become socially aware and learn to empathize through research of a specific school or community need. Students recognize and appreciate the diversity of their school and local community.

> Research community need > Understanding non-profit organizations > Celebrate and recognize others

*"ASCA Mindsets & Behaviors for Student Success: K-12 College- and Career-Readiness Standards for Every Student"*  
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ASCA (Schoolcounselor.org) developed the mindset & behavior categories to align with varying student needs and priorities from district to district. The Lead4Change Student Leadership Program lessons address the ASCA standards outlined in the chart below. The lessons are perfect for use during advisory time, small group meetings, and inclusion.

12-TRACK LESSONS	CATEGORY 1: MINDSET STANDARDS	CATEGORY 2: BEHAVIOR STANDARDS		
	Mindset (M)	Learning Strategies (B-LS)	Self-Management Skills (B-SMS)	Social Skills (B-SS)
1: BE YOUR BEST SELF	2			1, 9
2: UNLEASH THE POWER OF PEOPLE	3			1, 2, 4, 6, 7, 9
3: BE AN AVID LEARNER		1, 5, 9		5, 9
4: INSIGHT-DRIVEN APPROACH ...		3, 9	5	1, 3, 4, 5, 9
5: TELL IT LIKE IT IS		2, 5	5	1, 2, 6, 7
6: CREATE A TEAM STRUCTURE ...	3	3	1, 5, 8	1, 2, 3, 4
7: YOU HAVE T BELEIVE IT CAN ...	2	9	10	1, 3, 4, 5, 7, 8, 9
8: PERSONALIZE YOUR VISION		10	8, 10	1, 2, 8, 9
9: MARKET THE CHANGE		2, 4, 5, 10	8	2, 5, 6, 8, 9
10: MEASURE PROJECT OUTCOMES ...	2	1, 9	1, 10	2, 3, 6, 9
11: THE CHANGE IS NEVER OVER	6	5	1, 5	1, 2, 9
12: SHARE YOUR STORY	3	2, 5	10	1, 2, 5, 9

## ASCA MINDSETS & BEHAVIORS FOR STUDENT SUCCESS

### CATEGORY 1: MINDSET STANDARDS

- 2 Self-confidence in ability to succeed
- 3 Sense of belonging in the school environment
- 6 Positive attitude toward work and learning

### CATEGORY 2: BEHAVIOR STANDARDS

#### Learning Strategies (B-LS)

- 1 Demonstrate critical-thinking skills to make informed decisions
- 2 Demonstrate creativity
- 3 Use time-management organizational and study skills
- 4 Apply self-motivation and self-direction to learning
- 5 Apply media and technology skills
- 9 Gather evidence and consider multiple perspectives to make informed decisions
- 10 Participate in enrichment and extracurricular activities analysis, reflection, and research.

#### Self-Management Skills (B-SMS)

- 1 Demonstrate ability to assume responsibility
- 5 Demonstrate perseverance to achieve long- and short-term goals
- 8 Demonstrate the ability to balance school, home and community activities
- 10 Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

#### Social Skills (B-SS)

- 1 Use effective oral and written communication skills and listening skills
- 2 Create positive and supportive relationships with other students
- 3 Create relationships with adults that support success
- 4 Demonstrate empathy
- 5 Demonstrate ethical decision-making and social responsibility
- 6 Use effective collaboration and cooperation skills
- 7 Use leadership and teamwork skills to work effectively in diverse teams
- 8 Demonstrate advocacy skills and ability to assert self, when necessary
- 9 Demonstrate social maturity and behaviors appropriate to the situation and environment