

SMART GOALS

When working on a project, it is important to identify clear goals. In order to help students set goals, consider using the SMART Goal method.

- ▶ Using the steps below, have students work individually or in small groups to write one specific goal. It may be helpful to define the topic or event they can use for this exercise.

STEP 1

<p>S Specific</p>	<p>What exactly do you want to do?</p>	<p><i>Example: Paint the school's five outdoor benches by the front walkway. By doing this, we will provide a happy and welcoming atmosphere for all who enter.</i></p> <hr/> <hr/>
<p>M Measurable</p>	<p>How will you know when you reached your goal? Can you track your progress?</p>	<p><i>Example: Benches will be sanded and painted.</i></p> <hr/> <hr/>
<p>A Achievable</p>	<p>Is this goal achievable and will it be worth your time to see it to completion?</p>	<p><i>Example: Yes. These benches are an eyesore, are used continuously and seen by all. We will need to get 6 gallons of paint donated.</i></p> <hr/> <hr/>
<p>R Realistic</p>	<p>Does everyone believe this goal can be achieved?</p>	<p><i>Example: Yes. Our team and the entire class thinks it is a fantastic idea and always waited for "someone else" to do it. Our team can safely complete all parts of the process.</i></p> <hr/> <hr/>
<p>T Time-Sensitive</p>	<p>What is the exact date your goal will be completed?</p>	<p><i>Example: We need to finish by November 10, before the bad weather begins.</i></p> <hr/> <hr/>

STEP 2 Use the above information to write one complete sentence below.

Example: The five entry benches at our school will be sanded and painted by our team by November 10.

For complete details on the full Smart Goals activity, refer to Lead4Change Lesson 5, Activity 2 (12 Lesson Track)